

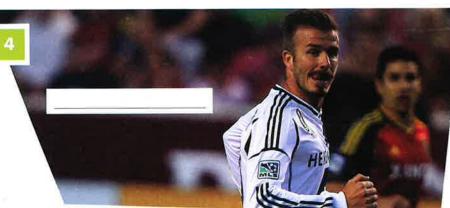
### LEAD-IN

Match the names with photos 1-5.

Jack Nicklaus Serena Williams Michael Jordan Muhammad Ali

David Beckham





Which sport are/were these people famous for?



With a partner, try and answer the multiple-choice quiz. In the Reading test you may be What else do you know about these sports stars? presented with this type of multiple-choice question. The answers, however, will all be SPORTING LEGENDS located in the text and will not test your general knowledge on any subject. 0 How long was David In what year did Serena Williams Beckham captain of the first become World Number 1? **England team?** 8 2002 6 years 3 10 years A 3 years How many major championships did How tall is Michael Jordan? Jack Nicklaus win during his career? § 1.70 m A 1.98 m C 12 ß 21 C 1.82 m How old was Muhammad Ali when he started training?

### FACTS AND OPINIONS

12

There are two types of question:

- those which ask for factual information
- those which ask for the writer's opinion.

Read these paragraphs and answer the questions which follow. Choose the correct letter, A, B or C.

TIP 04

The answers are in the same order as the text.

# WHY IS THE FORMER BOXER MUHAMMAD ALI STILL CONSIDERED A LEGEND?

Although Muhammad Ali was responsible for many legendary moments in the boxing ring, there was much more to this man's appeal. Not only was he a successful athlete, but he was also well known for his strong work ethic and fearless approach to standing up for his beliefs.

Born as Cassius Clay in 1942, Muhammad Ali began training at just 12 years old and, at the age of 22, won the world heavyweight championship in 1964. It was a title he went on to win again, in 1974 and 1978. He referred to himself as 'The Greatest', and was famous for boasting about his ability to 'float like a butterfly and sting like a bee'.

- 1 Why does the writer think that Muhammad Ali is still considered a legend?
- A because he is a successful athlete
- B because of several factors, not just his abilities as a boxer
- C because he has great appeal
- 2 What name did Muhammad Ali give himself during his career?
- A Cassius Clay
- **B** The Greatest
- **C** The Champion

UNIT 02 / READING

### 0 5 Now answer these questions.

- 1 Which question is factual and which asks for the writer's opinion?
- 2 Look at question 1 again. Are all the answers possible? Why did you choose one particular answer?
- 3 Do any of the words in the first paragraph match the words in question 1? Do matching words give you the correct answer?
- 4 What phrase is used to mean 'give himself the name' in the second paragraph?

### APPROACHING THE QUESTION

06

Complete the flow-chart showing one approach with words from the box.

instructions understand key questions scan wrong

Read

In the Reading test, the texts are much longer than in exercise 4, so it is important to develop a strategy which allows you to get the correct answer quickly.

Read the	Read the text to
1	2 understand
and	the general
carefully.	meaning.

Read the questions again and underline words, e.g dates, names etc.

the text for the kev words or synonyms.

Re-read the around questions the key and choose words in an answer. the text.

other options are 5 and make your final choices.

It is important to read the

instructions very carefully

need to choose can vary.

as the number of letters you

Quickly check the

Use this approach to answer questions about the text. Choose TWO letters, A-D.

TIP 07

In fact, whilst they were training to be tennis stars, he also took responsibility for their home-schooling. Serena is so successful on the tennis court

because of her rapid movement, speed of thought and powerful shots. Indeed, whilst she was playing a match in the 2013 Australian Open, Serena hit a serve\* at a speed of just under 207 km per hour, the third fastest recorded among female players. This powerful serve helps put her opponents under pressure from the very start of the game.

During her career, she has won 56 singles championships, 22 doubles championships and was also a gold medallist at the 2000, 2008 and 2012 Olympics.

\*to serve (v) - to hit the ball to the other player as a way of starting the game

1 According to the writer, Serena has become so famous because ...

Serena Williams has dominated women's

professional tennis since the late 1990s,

when she and her sister, Venus, became

global tennis superstars. Serena in

determination, powerful game and

unique fashion sense.

particular has become known for her

Serena was born on 26 September 1981 in

Saginaw, Michigan. When she was just a

baby, her family moved to California, and it

was there she started playing tennis at the

age of four. She was coached by her father,

Richard Williams, until she was 12.

Although Mr Williams was determined

that his daughters would succeed in the tennis world, he was also focused on

A she is aggressive.

giving them a good education.

- B she has a strong tennis game.
- C she is very good at fashion.
- D she has self-belief.

- 2 During Serena's upbringing, what did her father consider to be important?
- A staying at home
- **B** tennis training
- C her studies
- D training her to be a star
- 3 Her tennis game is so successful because ...
  - A she thinks quickly.
  - B she can hit the ball hard.
  - C she is the third fastest player in the world.
  - D her opponents are nervous of her.

#### Answer these questions. 08

- 1 Which questions ask you to complete the sentence and which ask you to answer the question?
- 2. How many synonyms from words in the text are used in the questions?
- 3 Do any answers match the wording in the text?
- 4 Are these answers the correct ones?

## GRAMMAR FOCUS: PAST SIMPLE / PAST CONTINUOUS

- 0 9 Say which past tenses are used in the text.
- Study this sentence, then answer the questions.
  - ... whilst she was playing a match in the 2013 Australian Open, Serena hit a serve at a speed of just under 207 km per hour ...
  - 1 Underline the two past tenses in the sentence.
  - 2 Which actions (verbs) were happening in the past at the same time?
  - 3 Which is the long, continued action? Which is the short, finished action?
  - **4** Are both actions finished now?
- Study this diagram and answer the questions which follow.

	hit a serve	
	PAST	PRESENT
	playing a tennis match	$\longrightarrow$
1 Are there any	other examples of the past continuous in the text?	

- 2 Complete this rule:

When we use the simple past	and the past continuous in the same sentence, we use
the	to talk about the 'background action
and the	to talk about the shorter,
completed action.	

1 2 Complete the sentences by putting the verb in brackets in the correct form of the

p	ast continuous o	r past simple.	
1	Whilst she	(play) basketba	all, her phone
		(ring).	
2	He	(fall), while	(run) for the ball.
3	lt	(start) to rain in the mid	Idle of the race.
4	lt	(rain) during the race.	
C	omplete the sen	tences with your own ideas.	
1	Whilst Michael	Jordan was running down the co	ourt,

- 13
  - 2 David Beckham injured his knee whilst
  - 3 Jack Nicklaus was taking a shot when \_

0 8

You will not be given any grammar exercises in IELTS. However, it is important that you can recognise which tenses are used and what

Both types of question may

be in the Reading test, so it

is important to read the

questions carefully.

## GLOBAL UNDERSTANDING

This section focuses on questions which check your understanding of the text as a whole. Read the text and choose the correct letter, A, B or C.

TIP 14

For this question type, do not choose an answer based just on one paragraph. You need to read the whole text in order to choose the correct summary.

Despite Beckham's good looks and famous marriage to Victoria Beckham, he was actually an exceptionally good footballer. His professional career began with Manchester United in 1992, at the age of 17. With United he won the Premier League title six times, the FA Cup twice and the UEFA Champions League in 1999. He later went on to play for Real Madrid and LA Galaxy.

In international football, he made his England debut in 1996 at the age of 21.

He was also made captain in 2002 and had short spells at AC Milan and Paris St Germain. His former boss, Alex Ferguson, praised David for always trying hard, playing with supreme confidence and scoring important goals.

His football career was not always easy, however. During the 1998 World Cup, in a game against Argentina, he was fouled by the player Diego Simeone. In retaliation, Beckham kicked Simeone and was given a red card. Consequently, when England went on to lose the game and go out of the World Cup, Beckham became hated by football fans and was portrayed very negatively by the media.

It took three years before Beckham was allowed to play for England again and in 2002 he redeemed himself by scoring a penalty in a 1-0victory against Argentina.

In 2013 Beckham retired from professional football and played the last game of his 20-year career. Although he is now retired from football, reports claim that he earns more money now than he did as a successful footballer. In 2014 it was documented that he earned £50.5 million, a large portion of which came from brand endorsements for companies such as Adidas, Sky Sports and Samsung.

What is the best title for this article?

- A What has Beckham achieved during his career?
- B Despite all the media attention, was Beckham a good football player?
- C What problems did Beckham have during his football career?

**EXAM SKILLS** 

Using all the skills you have learnt in this lesson, read the text and complete the multiple-choice task which follows.

# A BRIEF HISTORY OF FOOTBALL

There is no clear evidence stating where and when football was actually invented, but most historians agree that some type of ball game had been played centuries before the modern game developed in England. Football has a long and interesting history and origins of the game are present in sports played thousands of years ago in China, Egypt, Japan and Greece. Aspects of the game can be traced as early as the second and third centuries BC in China. Their game, originally named 'Tsu Chu', involved kicking a leather ball into a small hole.

The first football games played in Britain were in the 700s and the English equivalent of a football was made using an animal bladder. Games were violent and injury and death were common. Despite the violence, however, they were still very popular. The game had become so popular that in the 1300s Edward II banned the sport because people were playing football rather than practising archery. This was especially important to this king, as he was preparing to go to war with Scotland. This was to be the first of many bans imposed by the kings and queens of England.

### In 1605 football became legal and once again the sport grew in popularity.

In the 1800s it became particularly common in private schools such as Eton, and it was only then that a set of rules was established. Until then, the game had continued to be violent, as it had had limited rules and no referees. Before the 1800s, for example, it was considered normal to hit players on the opposite team and to damage their possessions. In 1848, on Parker's Piece in Cambridge, these rules were developed further and a new version called the 'Cambridge Rules' was used by all schools, colleges and universities.

### Though football could be considered a male sport. women also play it.

An increase in women playing the sport began during the First World War, when women did jobs traditionally done by men. Those working in places like factories regularly met to play. Unfortunately, a ban was imposed when the war ended, but it was eventually lifted in the UK in 1971. In 1991 China hosted the first Women's World Cup and in 1996 the first ever women's football event was held at the Olympics.



- 1 Where can the first traces of football be found?
- A Egypt
- B China
- C England
- 2 Why did Edward II ban football in the 1300s?
- A because it was too violent and death was common
- B because he was preparing to go to war with China
- C because people weren't practising archery

3 Before rules were established in the 1800s, which of these activities was considered normal?

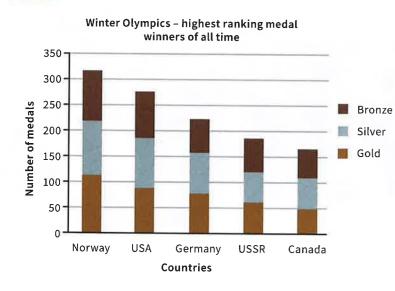
A stealing from opponents

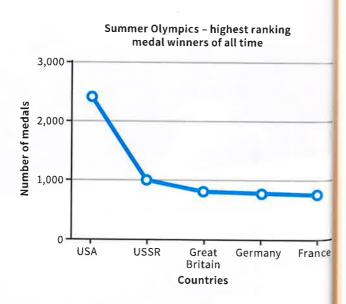
- B destroying players' property
- C being violent towards the referee
- 4 Women started playing football because
- A the ban was lifted in 1971.
- B they started to work during the First World War.
- C in 1991 there was the first Women's World Cup.



### LEAD-IN

- 0 1 Discuss these questions with a partner.
  - 1 Have you ever watched the Olympic Games, either live or on television? If so, which sports did you enjoy watching the most?
  - 2 Do you prefer the winter or summer Olympics? Give reasons for your answers.
- O 2 Study the chart and graph and answer the questions which follow.





- 1 Which countries (or former countries) were successful in both the winter and summer Olympics?
- 2 Which country (or former country) won the most gold medals in the winter Olympics?
- 3 Which country (or former country) won the fewest medals in the summer Olympics?

### STRUCTURING YOUR ANSWER

Read this sample answer, which describes the chart and graph in exercise 2.

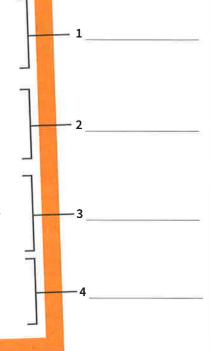
# SAMPLE ANSWER

The bar chart shows which countries have won the most medals in the winter Olympics. It also states how many gold, silver and bronze medals each country has achieved. In contrast, the line graph shows which nations have won the most medals in the summer Olympics.

Overall, the bar chart shows that in the winter Olympics, Norway has gained the most medals, winning an equal number of gold, silver and bronze medals. It has won just over three hundred medals, whereas Canada, in fifth place, has won approximately 150 medals.

The results of the summer Olympics are quite different, however, with the USA having won the most medals. Overall, the USA has won just under 2,500 medals, a much higher number than the other four countries on the graph. The USSR is the second highest, winning approximately a thousand medals.

To summarise, the bar chart and the graph illustrate how many medals the highest-ranking countries have won in the summer and winter Olympics. The results of each Olympics are very different, with the USA, the USSR and Germany being successful in both.



Label the paragraphs of the sample answer 'Summary', 'Main body' or 'Introduction'.

Answer these questions, which deal with some minor differences between discussing one graph and comparing two or more graphs.

1 Did the writer introduce both graphs in the introduction?

2 Did the writer discuss the details (main body) of both graphs in the same paragraph or separate paragraphs?

3 Did the summary include both the bar chart and the graph or just one?

O 6 Complete the gaps with 'main body', 'summary' or 'introduction'.

The 1 \_\_\_\_\_ should state what the graph is about. Do not copy the wording of the question. You should paraphrase the question using synonyms, e.g. *illustrates / shows*.

The **2** \_\_\_\_\_ should discuss the general trends in the graph, supported by the relevant data, e.g. dates or numbers. Identify the most important features – do not try to include everything.

The 3 \_\_\_\_\_\_ should provide an overview of the key points made in the 'Main body'. Do not include new information or your own opinion.

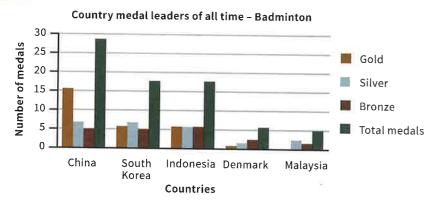
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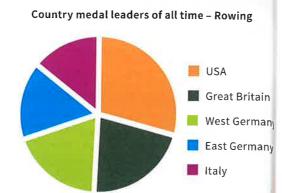
The sample answer describes a graph and a chart, as you may be asked to do in the Writing test. Although this may look difficult, the structure is similar to describing just one graph.

TIP 06

Sentences should be simple and easy to understand, not long and complicated.

0 7 Study these two charts.





Read and order the sample answer describing the two charts.

# SAMPLE ANSWER

Looking at the bar chart it is easily apparent that China has been significantly more successful than any other country in badminton. They have achieved far more gold medals than other countries but have gained only slightly more silver and bronze medals.

To summarise therefore, both charts illustrate the countries (or former countries) with the greatest number of medals. The bar chart indicates that China is the most successful country in badminton and the pie chart shows that the USA is the most successful in rowing.

C The bar chart illustrates the country medal leaders in badminton and also the number of gold, silver and bronze medals won by each country. The pie chart, however, shows which countries are the most successful in rowing.

The pie chart, on the other hand, shows that the USA won the most medals in rowing. They were a little more successful than Great Britain, however. The other three countries represented won roughly the same number of medals each.

### **GRAMMAR FOCUS: COMPARATIVES**

Read this sentence from the sample answer and underline the 09 comparative form.

> Looking at the bar chart it is easily apparent that China has been significantly more successful than any other country in badminton.

Underline all the comparative forms in the sample answer.



Comparative forms are often needed when comparing data, either in one graph or two, so it is important to become familiar with their structure.

Complete the sentences with the correct comparative form of an adjective or adverb from the box.

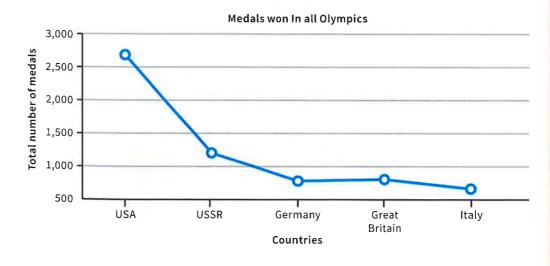
. In the triathlon he s	wam much		thar	n he cycl	ed.
In the ski-jumping e	vent, participants v	vere requi	red to g	go much	
	than ever before.				
3 Generally, countries	s with a	c	limate	are	
in the Winter Olymp	oics.				
4 Spectators found th	nis ice-hockęy game			thai	n the last one.
He ran well:	than l	ast year.			
Before the Games s	he practised		tha	an her te	am mates.
7 The oldest recorded					
	than the youngest	-ever med	allist.		-
He accepted defeat	with grace:		tha	n the res	st of his team.

The sample answer includes the sentence 'China has been significantly more successful than any other country in badminton.' What other modifiers are used in the answer?

### COMPARING DATA: CHOOSING THE RELEVANT INFORMATION

13 Study this table and graph, then answer the question which follows.

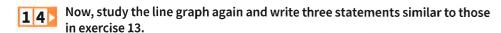
Тор	medal winners of a	ll time – athletes	
Athlete	Country	Sport	Total
Michael Phelps	USA	Swimming	22
Larysa Latynina	USSR	Gymnastics	18
Nikolai Andrianov	USSR	Gymnastics	15
Ole Einar Bjoerndalen	Norway	Biathlon	13
Borys Shakhlin	USSR	Gymnastics	13



In this sentence from the sample answer the word significantly is used to modify the comparative. In other words, to say how big or small the comparison is. Here, the word significantly is called a 'modifier'.

#### Which of this information would you include in your answer?

- 1 The most successful athlete is Michael Phelps from the USA, who has won the most medals for swimming.
- 2 The chart also shows that three of the top five athletes were gymnasts from
- 3 Michael Phelps won 22 medals, Larysa Latynina 18, Nikolai Andrianov 15, Ole Einar Bjoerndalen 13 and Borys Shakhlin 13.
- 4 The sports which the athletes achieved medals in were swimming, gymnastics and the biathlon.
- 5 In summary, both charts illustrate that the two most successful countries in the Olympics were the USA and the USSR.





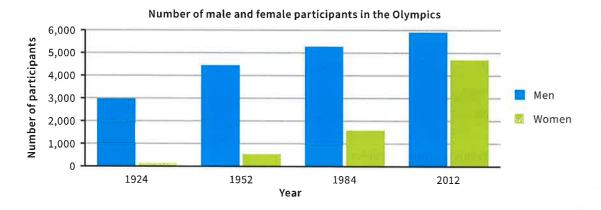
# **EXAM SKILLS**

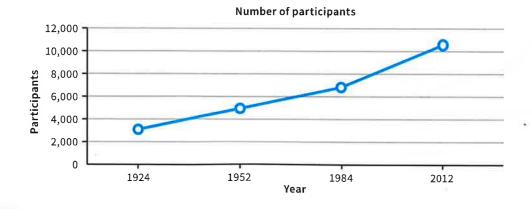
Use the information and language from this lesson to answer this Writing Part 1 task. You should spend about 20 minutes on this task.

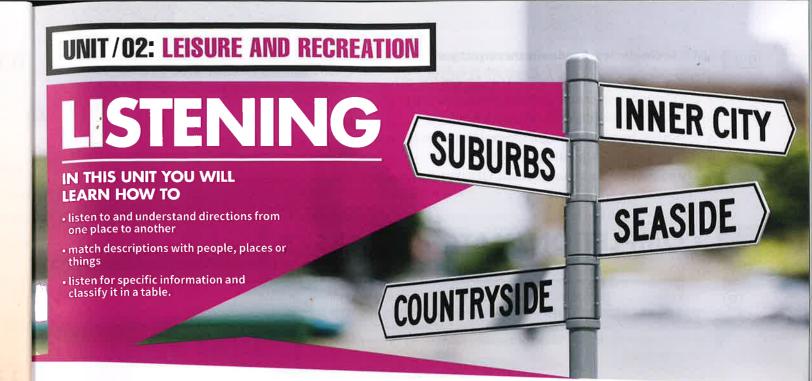
The chart and graph below give information about participants who have entered the Olympics since it began.

Summarise the information by selecting and reporting on the main features, and make comparisons where relevant.

Write at least 150 words.







### LEAD-IN

Write the correct word under each diagram to check your understanding of language connected with road travel and directions

bend	crossroads	flyover	junction 2	roundabout	traffic lights	3
			E			
	1				a.	
4	-		5			6
		II				

|--|

Listen to directions 1-6 and write the correct word from the box.

- 1 Stay in the middle lane so that you can go over the motorway.
- 2 You'll have to wait on the right till it changes for you to turn.
- 3 Go round and take the third exit on the right.
- 4 Slow down here because it goes to the left quite sharply.
- 5 When you get there, go straight across.
- 6 When you get to the end of this road, take the left turn.

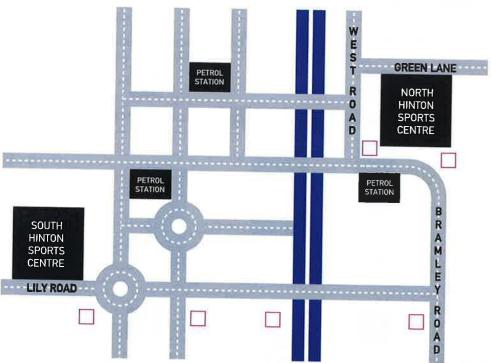
# COMPLETION/MATCHING TASKS



Before listening to directions to complete a map, you should look at the map carefully and think about the type of information you need to identify each place on the map. When listening, you should focus on words and phrases that will help you find the information, for example turn left or go straight on. You need to follow the directions carefully and try to predict which information will come next.

Listen to the Director of Sports giving directions from one sports centre to another. Write the letters in the correct position on the map.

A roundabout B junction C traffic lights D crossroads E flyover F bend



0	4	

Listen to the descriptions of sports 1–5 and write the correct number next to each sport A-E.

Α	gymnastic
---	-----------

В	basketball
_	1 1 115

	weightlifting	
)	badminton	

E table tenni	5
	_

14	1	_			
1	ľ	e	,	,	
	•	_	-		

When matching descriptions to people, places or things, you need to focus on key words and ideas which can help you decide what is being described as well as what is **not** being described. For example, if you have to choose between football and cycling, a description with key words like goal, run and kick is more likely to describe football, and a description with ride, wheel and race is more likely to describe cycling.

Listen to the next part of the message. The Director of Sports is giving instructions for preparing three rooms for the inter-college sports competition at the sports centre. Write the sports in the correct gap in the table. One of the sports appears twice.

badminton basketball gymnastics table tennis weightlifting

North Hinton Sports Centre					
	Dean Room	Carsley Room	Forster Room		
Sport event – morning	1	2	3		
Sport event – afternoon	4	5	6		

# **EXAM SKILLS**

In the Listening test you may need to complete categories in a table or set of notes which already has some of the information in place. You should look at the information in the table carefully to get a good idea of what other information is required. This will help you to focus on the missing information. For example, the word nets is already given under basketball, so you know that you will need to listen for another word connected with that category for question 2. In each case, you will hear the sport first, so you will be able focus on the missing word.

You need to write the same words as you hear in the recording. You will be told how many words you need to write and you will hear the words in the same order they are given in the recording script.

Listen to the last part of the message and complete the table with the pieces of equipment. Write ONE WORD ONLY in each gap.

Sport event	basketball	gymnastics	table tennis	badminton	weightlifting
Equipment	nets	vaulting horse	tables	1	barbells
	2	3	nets	racquets	weights
		4	5	shuttlecocks	6
		rings			chalk
		pommel horse			

The Director of Sports, Jeff, leaves another message for the three helpers, Steve, Amanda and Malik. In the message, he tells them who should be in charge of each event. Listen and write the correct organiser, A, B, C or D next to events 1-6.

	The the correct or builder, A, b, c or b liext to eve
A Steve	1 badminton
B Amanda	2 gymnastics
C Malik	3 weightlifting am
D Jeff	4 basketball
	5 weightlifting pm
	6 table tennis



### ADDING CONNECTING WORDS

Match sentence beginnings 1–4 with sentence endings a–d, using a suitable connecting word. There are several possible answers.

1 I love listening to K-Pop	AND	a my friends don't really like it either.
2 I sometimes enjoy mountain climbing	BUT	<b>b</b> I prefer staying at home.
3 I don't like spending money	SO	c it's really exciting.
4 I'm not really interested in watching football on TV	BECAUSE	d I prefer watersports.

TIP 04

Longer sentences will show the examiner that you can use more complex grammar.

O 5 Complete your own table using the same connecting wo
--

AND	
BUT	
SO	
BECAUSE	

06	Complete the sentences about things you do and do not like doing
----	--

1		AND		BUT _	
BECAL	JSE		SO		_×
2		AND		BUT	
BECAU	JSE		SO		, a
3		AND		BUT	
BECAU	JSE		SO		16

### PROVIDING MORE DETAILED RESPONSES

## Complete the sentences. Think of THREE reasons for your answer.

1	I like going swimming. I like it because	
	and	
2	I enjoy watching football on TV. I enjoy it because, and	
3	I love reading books on my sofa. I love it because	
	and	
4	I'm a big fan of movies. This is because,	
	and	

08	Write your own ideas	in the sentences.		
O O	5   like	l like it because_		×
		and		
	6 I enjoy	. I enjoy it becau	ise	
	4	and		
	7 I'm not a big fan of	beca	ause I	Si .
		and		=3
	and			
	NG ABOUT SPOR	SEVENTS se questions about each p	B photo.	
095				
C			D SIGNET OUP TOLE	
			AUS	AUST/AUT
			E	

- 1 Did you watch this sporting event?
- 2 Do you like to do this sport in your spare time?
- 3 Is this sport popular in your country/where you live?



### SENTENCE STRESS AND INTONATION

0 >

Listen to how the words in bold in these sentences are stressed.



1 I think that rowing is a great sport if you want to stay fit and healthy.



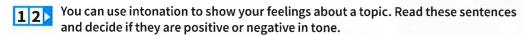
2 I often enjoy tennis as it is very competitive and I like to beat my friends.



Listen and underline the stressed words in these sentences.



- 1 Ryan Giggs was a famous player for Manchester United; he played hundreds
- 2 At London 2012, the United States of America was top of the medals table, followed by China, then Great Britain and Northern Ireland.
- 3 Last weekend, I was going to go to the gym, but I decided not to bother.
- 4 Michael Jordan is the number one all-time points scorer in the NBA playoffs, although Lebron James is catching up.
- 5 I ran in the New York marathon last year. I thought I was never going to make it to the end!



- 1 My favourite sport is hockey. It's amazing!
- 2 I like swimming but I wish there were more places to swim where I live.
- 3 I've always liked fishing but I don't have time to do it any more.
- 4 I'm really excited about all the new video games that will come out soon. I can't wait!



Listen to the recording. The first time you hear the sentences, you will hear flat (no) intonation. The second time you hear them, the speaker will use correct intonation. Mark the changes in intonation with a ≯ if it rises or a ≯ if it falls.

- 1 My favourite sport is hockey. It's amazing!
- 2 I like swimming, but I wish there were more places to swim where I live.
- 3 I've always liked fishing but I don't have time to do it any more.
- 4 I'm really excited about all the new video games that will come out soon.

I can't wait!

Write THREE sentences about a sport you like/do not like doing/playing. With a partner, say each sentence out loud TWICE, first with flat (no) intonation, and then with rising and falling intonation.

Sports I like playing	Sports I don't like playin	
1	1	
2	2	
3	3	



Individual syllables can be stressed in English words. English speakers also stress the content words in a sentence, and leave the function words (like the, of, etc.) unstressed.

### COMMON SPORTS VERBS

Write a suitable sports verb in these sentences. More than one answer may be possible. There are more verbs than you need.

beat score qualify		defeat tackle nt (my cou	exercise support ntry)	knock out compete	lose (to) watch	play win
--------------------------	--	--------------------------------	------------------------------	----------------------	--------------------	-------------

I didn't think Mayw	reather would	Pacquiao in that boxing	
It has always been	a dream of mine to	at Wimbledon.	
I try to	about three times a week, so that I can keep		
playing well.	•	· ·	
	Liverpool Football Club. I've	been a fan for a very long time.	
Their international	football team	plenty of times during a game	
but usually	very few goals		

# **EXAM SKILLS**

Ask and answer these Speaking Part 1 questions with a partner.

- 1 What do you usually do in your spare time?
- 2 Do you prefer doing things by yourself or with friends?
- 3 Is there anything special you do at the weekends?
- 4 Do you think you get enough free time?

Answer the prompts in this Speaking Part 2 task. Talk for at least 60 seconds. Remember to use the connecting words you studied in exercises 4-6.

Describe a sports event you watched or attended.

You should say:

- what kind of sporting event it was
- where you watched it
- how often this event takes place

and explain why you consider this sports event interesting.